



Total Lax - Select Lacrosse Team
Release of Liability Waiver / Indemnification Form

APPLICANT INFORMATION

PRINT APPLICANTS'S NAME

PARENT / GUARDIAN NAME

Since applicant is less than 18 years of age a parent or guardian must complete documentation.

In consideration for being permitted participation as part of the Total Sports LLC – Select Team Program, I hereby affirmatively state that I desire to participate and utilize the practice facilities, Total Sports – Training & Gear Shop and any provided equipment for the purpose of, but not limited to, exercise and sports training, and hereby consent to waive, release, and forever discharge Total Sports LLC of liability associated with the Total Lax –Select Lacrosse Team (further referred to as Team), and the facility at 28120 Highway 410 E Suite C-8, Buckley WA. 98321 (further referred to as Training Facility), and all programs, and/or services.

I acknowledge that my choice to participate in any exercise, sports or recreation activities brings with it my assumption of those potential health risks or result, such as serious injury or illness, and in some instances death, and that I assume willfully those risks. I verify that I have and will disclose all my physical conditions, handicaps or impairments, and any changes in my health status that might inhibit my participation.

I understand that the "Team" coaches and "Training Facility" will be leading practices and that some activates are self-directed in nature and that there is an increased risk during those times. I understand that the "Team" practices and games that can be potentially dangerous, and I understand that I should immediately cease participation if I have a medical issue, injury or concern for safety my and report it to a Total Sports staff member or "Team" coach.

The undersigned, its heirs, executors and administrators, do hereby release and forever discharge Total Sports LLC, and their employees, agents, representatives and assigns from any responsibility or liability for any damages, cost or expense arising out of bodily injury, property damage or loss relating to my participation on the "Team" or in the "Training Facility", and all programs, and/or sports and recreation activities.

INDEMNIFICATION OF TOTAL SPORTS LLC. AND SERVICES

In consideration for the participation on the Total Lax "Team" and use of the Total Sports "Training Facility" the undersigned agrees to indemnify and hold harmless the Total Sports LLC and it's agents from claims, actions, judgments, liabilities, attorney fees, or court costs, for which the Total Sports LLC and it's agents may be obligated to defend or pay as a result of my participation on the "Team or use of the Total Sports "Training Facility".

I hereby affirm that I have read this Liability Waiver and Indemnification and that I fully understand its contents.

PARENT / GUARDIAN SIGNATURE

DATE